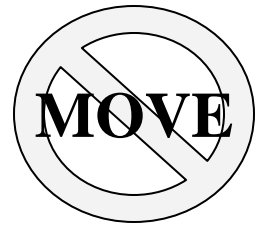


Strong verbs to replace banned words:

GO (WENT) / COME (CAME)

bounce	flee	crawl	plunge
bound	cross	worm	sink
burst	forge	creep	dip
cartwheel	journey		dive
dance	sojourn	slither	tumble
waltz	stride	sneak	topple
sashay	tour	tiptoe	droop
tumble	trail	lag	plunk
twirl	travel	flounder	
swirl	trek	flutter	maneuver
whirl	press on	flock	meander
leap	progress	wave	wander
lope	proceed	lurch	
whiz	continue	pour flow	
whoosh	drudge	cascade	
hurry	lumber	stream	
hustle	drive		
rush	crusade	gush	
race	plod	sweep	
sprint	plow	whisk	
fly	scuttle	dribble	
dash	trudge	spurt	
dart	trample	pelt	
scamper		ripple	
bolt	depart		
gallop	exit	glide	
zoom		coast	
jolt	drift	float/bob	
blunder	float	soar	
careen	sail		
stumble	swoop	ascend	
teeter	amble	take off	
zig-zag	thump	rocket	
spill	trot	spring up	
stagger	strut	arise	
swerve/veer	prance	sprout	
	stroll	climb	
advance	saunter	mount	
charge	mosey		
storm	parade	descend	
		drop	
retreat	follow	plummet	

Strong verbs to replace banned words:



MOVE

sway
shake
convulse
twitch
shudder
shiver
trill
pulsate
throb
jump
wiggle/jiggle
toss & turn
wobble
tremble
quake
quiver
vibrate
oscillate
whip
whish
lash
stir

shift
revolve
rotate
spin

hover
blow
roll
crash
swerve

wiggle
squirm
jostle
flop
topple
flicker
somersault
pivot
pirouette
undulate

billow
surge
flow
spiral
furl
scroll
bend
flex
crook
twist
contort
veer
coil
loop
meander
bow
stoop

stretch
reach
thrust out

EASY REFERENCE GUIDE TO TALKING AND THINKING

SAYING



SAID


<i>Neutral</i>	<i>Emotionally</i>	<i>forcefully</i>
explained informed	exclaimed	insisted
claimed confirmed that	pleaded	stressed
asserted reported	entreated	alleged
indicated	objected	emphasized
maintained	exploded	disagreed
pointed out	regretted	alleged that
proposed	alluded to	retorted
remarked		vowed

THINKING

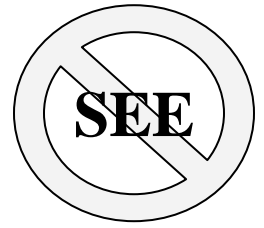


ASKING



	<i>Neutral</i>	<i>Benignly</i>	<i>Forcefully</i>
gave thought to	questioned	implored	demanded
deep in thought	asked	pleaded	ordered
turned his thoughts to	queried	implored	challenged
considered	avowed	begged	contradicted
believed	interrogated	coaxed	lashed out
reasoned	appealed	chided	quizzed
wondered	REPLYING 		
contemplated			
meditated			
	<i>Neutral</i>	<i>Benignly</i>	<i>Forcefully</i>
felt	replied	advocated	warned
understood	responded	endorsed	retorted
concluded (from,that)	answered	concurred with	regretted
reflected on	remarked	conceded	argued
worried (that)	acknowledged	admitted	retorted
pondered (over)			advised
reflected upon			

Strong verbs to replace banned words:



SEE / LOOK

observe
notice
view
behold
spot
witness
spy
find
detect
discover

eye
gaze
glance
glimpse
glare
peer
watch
stare
gape
gawk
peep

examine
study
inspect
scrutinize
survey
inspect
explore
check out
monitor
investigate
probe
search

keep an eye on

LOOK FOR

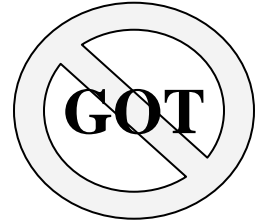
scan
scout
canvass
sweep
scavenge
scour
scrounge
ransack
rummage
hunt for
track down
pursue
trail
forage

(to understand)

realize
discover
perceive
comprehend
grasp
catch on
apprehend
fathom
figure out

distinguish
be aware of
take note of

Strong verbs to replace banned words:



GET / GOT

obtain
acquire
capture
earn
seize
receive
realize
attain
pocket
reap
procure
grab
snatch
purchase
collect
gain
achieve
reach

profit
secure
gather
glean
entrap
fetch
stole

as in *got* there

arrived
entered
appeared
showed up
turned up
returned
approached
joined

intruded
burst in
infiltrated
invaded

as in “he *got* the idea”

understood
comprehended
grasped
realized
caught on
apprehended
fathomed
figured out
perceived
discovered

